

Bharatiya Sanskriti Darshan Trust's

**INTEGRATED  
CANCER TREATMENT  
AND RESEARCH CENTRE**

Ayurved Hospital and Research Centre

Wagholi, Pune, India.

[www.ayurved-for-cancer.org](http://www.ayurved-for-cancer.org)



Recognized as 'CENTRE OF EXCELLENCE' by Department of AYUSH,  
Ministry of Health & Family Welfare, Government of India.

Recognized as 'SIRO (Scientific & Industrial Research Organization)' by  
Department of Science & Technology (DST), Government of India.



Dr. Arvind Kulkarni, Oncologist & Dr. S. P. Sardeshmukh, Ayurvedic Consultant

## Highlights

- Integration of Chemotherapy, Radiotherapy & Surgery along with Ayurvedic treatment to improve the Quality of life of Cancer patients.
- Imparting Ayurvedic treatment like Shaman (Oral Ayurvedic Treatment), Rasayana (Rejuvenating Treatment) and Panchakarma (Detoxifying) for controlling progression of the disease & increasing resistance against the disease.
- Availability of Satellite Cancer detection & treatment facilities under the guidance of experts in respective fields.
- Identifying risk factors of Cancer from Ayurvedic point of view and thus emphasizing awareness on lifestyle modification for prevention of Cancer in the society.

## ACHIEVEMENTS

### OF CANCER RESEARCH PROJECT

- Department of Atomic Energy, Government of India has given us Grant-In-Aid for purchase of Cobalt Radiotherapy Machine.
- Department of AYUSH has sanctioned us Grant-In-Aid for development of “Integrated Cancer Treatment & Research Centre” at Wagholi, Pune under “Centre of Excellence Scheme.”
- Sir Dorabji Tata Trust has sanctioned us Grant-In-Aid for upgradation of Panchakarma Hospital for Cancer patients under Integrated Cancer Treatment & Research Centre.



# Facilities Available

## Ayurvedic Cancer Treatment



### Shamana Chikitsa (Oral Ayurvedic Treatment)

**Oral Ayurvedic Treatment** is beneficial for controlling disease, reducing side effects, minimizing sufferings and thus improving quality of life of Cancer patients.

Most of the experience - based Ayurvedic medicines are prepared in **Atharva Ayurved Pharmaceuticals** of Trust, which manufactures natural, effective and safe medicines with appropriate precautions of Quality of Control.



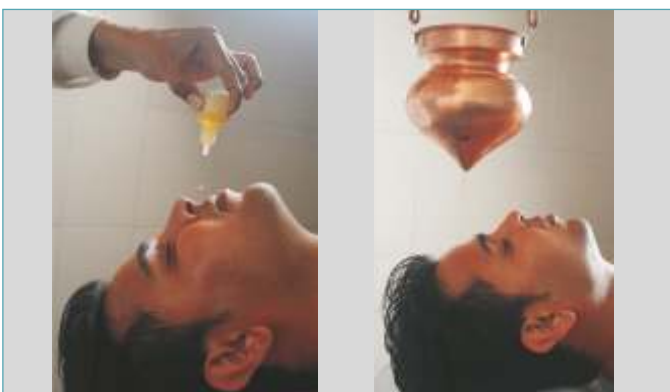
**Atharva Ayurved Pharmaceuticals** is approved by FDA (MS), USDA & EC (Organic Certified).



Raw materials for Atharva Ayurved Pharmaceuticals are supplied by Trust's **Sanjeevani Plantation Department**, which cultivates medicinal plants with the use of organic fertilizers. Some of the cultivated vegetables & fruits in our Plantation Department are also used for admitted patients in our hospital.



**Cattle breeding** is one of the activities undertaken by our Trust. Milk products of Indian Cows, Goats etc. reared & sheltered in our Dairy are used for Cancer patients in our hospital.



### Panchakarma

Aim of **Panchakarma** treatment is to cleanse & detoxify body, increase immunity & thus to restore health. In many Cancer patients, it helps to reduce sufferings, minimize side effects of Chemotherapy & Radiotherapy. It also helps to prevent recurrence of Cancer.





## Dietary Consultation

**Healthy Ayurvedic diet** is an essential feature in Cancer treatment. Indian food prepared by Wheat, Rice, Vegetables, Beans, Fruits, Spices & Milk products provides nourishment to body. Specific diet recipes prepared by following Ayurvedic dietetic principles are light for digestion & rich in nourishment. Such Dietary consultation is given to all Cancer patients considering patient's condition.



## Mind Body Therapy

Positive mind plays an important role in Cancer control. Cancer patients & their relatives are under tremendous stress, which should be relieved by **proper counseling**. In our centre, Doctors, social workers and patients, whose Cancer is well controlled with the help of integrated treatment, are counseling other patients.



## Yoga

**Yoga** Therapy helps to keep mind & body in balanced state. Relaxation of mind, which can be achieved with the regular practice of **Yoga**, facilitates regularization of normal body functions like appetite, digestion, sleep & metabolism. It in turn controls progression of the disease & imparts feeling of well being. In our centre, we recommend specific Yoga practices beneficial for Cancer patients in specific conditions.



## Indian Music Therapy

**Classical Music** is one of the elements of Indian traditions & is derived from immortal Samaveda. Many dreadful diseases like Cancer are mainly caused by stress & strain, which can be effectively balanced & healed through Indian Music Therapy. Indian Classical Music relaxes mind & initiates proper functioning of various body organs. We recommend & implement Music Therapy to our patients, which helps to minimize their sufferings.

# Facilities Available

## Allopathic Cancer Treatment



### Onco - Surgery

**Onco-Surgery** plays an important role in curative & palliative Cancer Management. Expert Onco-Surgeons impart their services in our Cancer hospital.



### Radiotherapy

Radiotherapy treatment destructs the malignant cells, by their repeated & controlled exposure to Radioactive emissions.



### Chemotherapy

Chemotherapy, rightly called as Cytotoxic Therapy, destroys the malignant cells or prevents its cell division, thereby restricting the tumour growth.

Radiotherapy & Chemotherapy are the effective conventional treatment for Cancer. Integration of Ayurvedic treatment & these conventional treatment helps to control Cancer & to minimize side – effects of Chemotherapy & Radiotherapy.

# Facilities Available

## Cancer Diagnostic



### Onco - Pathology

In our Onco-Pathology Department facilities of Cancer detection like FNAC, Biopsy & Histopathology are available under the guidance of expert Onco-Pathologists. Various types of malignancies need assistance of tumour markers for diagnosis and close follow up of the patient for early detection of recurrence after treatment. Besides these, there are many other Biochemical tests which require high degree of accuracy. Early detection of various types of Cancers is also very important aspect in Cancer survival. All these facilities are available in our well-equipped Cancer Diagnostic Department.

## Supportive Cancer Treatment



### Ozone Therapy

Ozone is an active form of Oxygen with three Oxygen atoms in its molecule. Ozone floods malignant cells with Oxygen. This inhibits tumor metabolism and activates the immune system. Ozone can be injected or insufflated into various openings of the body. Ozone is used as supportive and adjuvant therapy to the conventional treatments.

## Intensive Care Unit (ICU)



### Intensive Care Unit (ICU)

Emergency management of Cancer patients and other diseases is done at ICU under the supervision of expert intensivists.

# The Foundation Of Cancer Research Project

Started in 1994 by Parampoojya Prabhakar Keshav Sardeshmukh Maharaj and Dr. Sadanand P. Sardeshmukh with the inspiration of Respected Late Balasaheb Bharade (Ex-Speaker of Maharashtra State Assembly) & Late Mrs. Indumati Bharade.



- Co-ordinated by Dr. Arvind Kulkarni, Director, Radiation Oncology Department, Lady Ratan Tata Hospital & Ex-HOD, Radiation Oncology Department, Bombay Hospital, Mumbai.
- Co-ordinated by Dr. Shirish Kumathekar, Well-known Onco-Surgeon at Solapur.
- A team of more than 50 dedicated Ayurvedic and Allopathic Physicians in the field of Cancer is contributing towards the betterment of Cancer patients through their expertise.
- Multi centric Project with centres at various parts of India.
- More than 7,500 Cancer patients suffering from various types of Cancer at various stages have been treated in the project till date.
- Research on Cancer epidemiology and Cancer Treatment is the integral part of the project.
- The Department of Science and Technology (DST), Government of India, New Delhi, has recognized our trust as a Research Institute.
- Recognized as SIRO (Scientific & Industrial Research Organization) by Department of Science and Technology (DST), Government of India.
- Supported by :
  - Department of Atomic Energy, Government of India.
  - Department of AYUSH, Ministry of Health and Family Welfare, Government of India as a **“Center of Excellence”**
  - Sir Dorabji Tata Trust
  - Our Well-wishers around the world.

# SOCIAL AWARENESS OF CANCER THROUGH CAMPS AND EXHIBITIONS

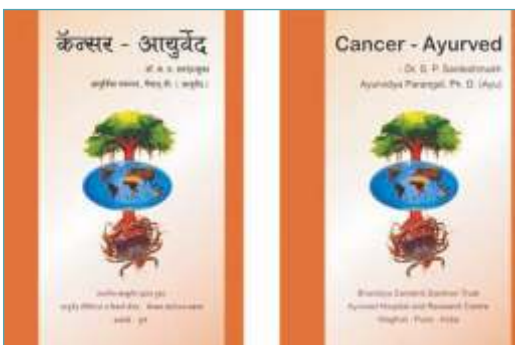
**Free Cancer Consultation Camps**, Breast Cancer Detection Camps, Cervical Cancer Detection Camps, Panchakarma Camps are held regularly in Mumbai, Pune, Solapur, Kolhapur and New Delhi.



**Exhibitions on 'Cancer & Ayurved'** are organised regularly for briefing the common man about.

- Disease causation
- Signs & Symptoms of Cancer
- Investigations to be done
- Integrated Cancer Treatment
- Lifestyle modifications
- Nutritious diet
- Psychological boosting of patient
- Care to be taken by family and friends

**Cancer Genomic Camps are organized regularly in collaboration with ACTREC, the R & D Satellite of Tata Memorial Centre.**



An Informative Book - '**Cancer - Ayurved**' highlighting Reasons, Symptoms, Treatment And Prevention of Cancer from Ayurvedic perspective is published by the trust in English and Marathi language.

Scientific papers presentation at International Conferences as published in the form of "**Ashwasan - I, II, III & IV**" for Research Scientists and Medical Professionals.



# INTERNATIONAL CONFERENCES ON 'AYURVED FOR CANCER'

International conferences on “**Ayurved for Cancer**” are held which are attended by many Ayurvedic and Allopathic experts from India and abroad every five years since 1997. Research papers of Integrated Cancer Treatment and Research Centre are presented in the conference. These conferences have proved to be common arena for bringing research on cancer in various pathies to be shared for betterment of Cancer patients.



**1<sup>st</sup> International Conference - 1997**



**2<sup>nd</sup> International Conference - 2002**



**3<sup>rd</sup> International Conference - 2007**



**4<sup>th</sup> International Conference - 2012**

Participation in International Conference 9th SIO, Albuquerque, New Mexico, USA



Presentation of workshop on **Results of Ayurvedic Treatment in Cancer patients**



Visit of NCI - OCCAM Staff to Poster Presentation on Management of Radiotherapy side effects with Ayurvedic Treatment in Oral Cancers

# SIGNIFICANT FINDINGS

## OF CANCER RESEARCH PROJECT

- Integrated approach of Cancer treatment is highly effective to improve quality of life and survival rate.
- Ayurvedic treatment, healthy diet, lifestyle modification and mind-body Treatment are beneficial for Cancer patients to improve immunity.
- Rejuvenating treatment and Panchakarma Treatment have proved to be effective in preventing recurrence and metastasis.
- Side effects of Radiotherapy and Chemotherapy are remarkably reduced with complimentary Ayurvedic Treatment.

## PROUD MOMENTS



← Inauguration of Integrated Cancer Treatment & Research Centre by Hon. President of India, **Smt. Pratibhatai Devisingh Patil**

Visit & Guidance of Respected **Padma Vibhushan Mr. Ratan Tata Sir** to Integrated Cancer Treatment & Research Centre →



← Visit & Guidance of renowned Nuclear Scientist **Honorable Padma Vibhushan Dr. Anil Kakodkar** to Integrated Cancer Treatment & Research Centre



# TEAM OF DOCTORS



**Director**  
**Dr. S. P. Sardeshmukh**  
A.V.P., Ph.D. (Ayurved)



**Director, Oncology**  
**Dr. Arvind Kulkarni**  
M.D., D.M.R.D.(Eng.), D.A.B.R.(USA)



**Co - ordinator**  
**Dr. Shirish Kumthekar**  
M.S. (General Surgery)



**Deputy Director**  
**Dr. Vineeta V. Deshmukh**  
M.D.(Ayurved), Ph.D., PGDCR,  
Diploma Diet, M.A.(Sanskrit)



**Assistant Director**  
**Dr. Vasanti Godse**  
B.A.M.S., Ph.D.(Scholar),  
Diploma Diet, M.A.(Sanskrit)



**Assistant Director**  
**Dr. Shrinivas Datar**  
M.D.(Ayurved)



**Assistant Director**  
**Dr. Shweta Gujar**  
M.D.(Ayurved), Ph.D.  
(Scholar)



**Assistant Director**  
**Dr. Vijay Ramdasi**  
M.B.B.S., D.O.M.S.



**Onco - Surgeon**  
**Dr. Anil Sanghaneria**  
M.S., F.I.C.S.



**Onco - Surgeon**  
**Dr. Keyur Gutte**  
M.S.



**Oncologist**  
**Dr. Tushar Patil**  
D.M., M.D.(Onco)



**Onco - Pathologist**  
**Dr. Deepak Laddha**  
M.D.(Path.)



**Research Consultant**  
**Dr. B.G. Sahasrabudhe**  
M.D.(PSM), P.H., D.I.H.



**ICU Incharge**  
**Dr. Mahesh Tulpule**  
M.D. (Medicine)

## SENIOR RESEARCH FELLOWS

- Dr. Kishore B. Karle - M.D. (Sharir Rachana), Ph.D. (Scholar)
- Dr. Bhagyashree S. Sardeshmukh - M.D.(Kayachikitsa), Ph.D.(Scholar)
- Dr. Sabir S. Mujawar - M.D. (Samhita)
- Dr. Shreeram Agashe - M.D.(Kayachikitsa), Ph.D.(Scholar)
- Dr. Vinita Inje - M.D. (Kayachikitsa)
- Dr. Nilambari Patil - M.D. (Rasashastra), Ph.D. (Scholar)
- Dr. Arbina Mujawar - B.A.M.S., PGDCR
- Dr. Sandeep Chavan - M.D. (Rasashastra)
- Dr. Amina Patre - M.D.(Sharirkriya)
- Dr. Dhanajay Deshpande - B.A.M.S.
- Dr. Pradnya Chaugule - M.D. (Dravya Guna)

## HONORARY PHYSICIAN

- Dr. Ranjit G. Nimbalkar - M.D.(Ayu.),PGDCR,M.A.(Sanskrit)
- Dr. Sameer Gore - M.D. (Ayurved)
- Dr. Umesh Tekawade - M.D. (Ayurved)
- Dr. Renuka Gayal - M.D. (Ayurved), Ph.D.
- Dr. Avadhoot Patwardhan - B.A.M.&S., L.C.P.S.

## JUNIOR RESEARCH FELLOWS

- Dr. Jyoti Narawatkar - B.A.M.S., PGCRCDM
- Dr. Manoj Madane - B.A.M.S.
- Dr. Abhishekh Salunkhe - B.A.M.S.
- Dr. Amruta Salunkhe - B.A.M.S.
- Dr. Bhuvnesh Sharma - B.A.M.S.
- Dr. Anita Redekar - B.A.M.S.
- Dr. Janhavi Pingle - B.A.M.S.
- Dr. Jyotsna Kambale - B.A.M.S.

## TRUSTEES



Dr. Sadanand P. Sardeshmukh  
*Chairman*



Dr. Prashant A. Suru



Adv. Sanjeev Gorwadkar



Dr. Sushrut S. Sardeshmukh



Dr. Sukumar S. Sardeshmukh

### EXECUTIVE COMMITTEE



Hon. Dr. Sunil U. Pathak



Hon. Dr. Mrs. Prafullata Suru

## DONATION APPEAL

We sincerely request you to visit our centre at Wagholi and give your valuable suggestions. Our dream is to give healthier, happier and longer life to Cancer patients. Your contribution in any form will certainly enable us to fulfill our mission. Considering increasing needs of patients we need to expand every unit under Integrated Cancer Treatment and Research Centre as well as to start new units viz. Special Cancer Detection Centre for early detection of Cancer, Terminal Care Unit, Dormitory for Cancer patients, Preventive and Community Education Program etc.

### Join hands with us in Fight against Cancer.

Donations are exempted u/s 35(1)(ii), 80G and FCRA of I.T. Act.

Donation in cheque or draft is accepted in the name of “**Bharatiya Sanskriti Darshan Trust**”

**Total Project Cost : INR.100,00,00,000/- Indian Rupees One Billion only.**

This project will aim at providing preventive, curative and rehabilitative services under one roof by combined efforts of Ayurvedic and Allopathic experts.

## CONTACT DETAILS

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Jule Solapur-413004. Contact : +91 9422363783, E-mail : ictrcsolapur@gmail.com

**Nashik :** Arihant Nursing Home, Near Aakashwani Kendra, Ring Road, Gangapur Road, Near Nirjala

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